

THE POWERBOSS PROCLAMATION

I AM A POWERBOSS

**I have mastered the art of thriving without burning out.
I refuse to choose between success and well-being, between purpose
and prosperity, between taking care of others and taking care of myself.**

- 1 Self-Care Is Not Selfish — It's Strategic**
I stop apologizing for taking care of myself. My well-being is the foundation of my power and the fuel for my impact.
- 2 Mental Wellbeing Is My Competitive Advantage**
My mind is my most valuable asset. I protect it like the precious resource it is and invest in it without exception.
- 3 Integration Beats Balance Every Time**
I forget perfect balance. I master the art of 100% presence wherever I am, giving my complete attention to what matters most.
- 4 Purpose + Profit = PowerBoss Success**
I never choose between meaningful work and fair compensation. I demand both and refuse to settle for less than I'm worth.
- 5 Wealth Building Is the Ultimate Self-Care**
True power comes from making my money work as hard as I do. I build generational wealth that serves my purpose and my legacy.
- 6 Joy Is Not Optional — It's Essential**
Success without fulfillment is just sophisticated suffering. I choose joy daily and celebrate the journey, not just the destination.
- 7 My Network Is My Net Worth and My Legacy**
The women who lift me up become the foundation of everything I build. I rise by lifting others and succeed by helping others succeed.

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